

**MISSOURI DEPARTMENT OF TRANSPORTATION AND
MISSOURI STATE HIGHWAY PATROL
MEDICAL AND LIFE INSURANCE PLAN**

**MINUTES OF THE BOARD OF TRUSTEES' MEETING
OPEN SESSION
May 29, 2019**

MEMBERS PRESENT: Ms. Ashley Halford, Chairman
Capt. James Remillard, Vice Chairman
Mr. Steve Campbell, MoDOT Member
Ms. Javal Burton, MoDOT Member
Mr. Ben Reeser, Secretary-Treasurer
Mr. Richard Coffey, MSHP Retired Member
Mr. Roger Schwartze, MoDOT Retired Member

MEMBERS ABSENT: Ms. Holly Haarmann, MSHP Member

STAFF PRESENT: Ms. Melinda Grace-Beasley, Chief Counsel Staff
Ms. Brook Luecke, Employee Benefits Staff
Mr. Brandon, Denkler, Employee Benefits Staff

GUESTS PRESENT: Ms. Brenda Morris, MoDOT Chief Financial Officer
Dr. Jay Moore, Anthem Staff
Ms. Julie Augustine, Anthem Staff
Ms. Marissa Juenger, Anthem Staff
Ms. Jami Rector, Anthem Staff
Ms. Tara Keeven, PillarRx Staff
Ms. Christine Johnston, PillarRx Staff

OPEN SESSION

The meeting was called to order at 8:02 a.m.

Consideration of Consent Agenda Items– (It is the understanding of the Board for those items to be reviewed before the Board Meeting and will only be discussed if necessary) Consent Agenda items were as follows:

Approve Minutes from April 24, 2019 Board Meeting
Financial Statement – March 2019
Central Bank Investment Report – April 2019
2018 Year-to-Date Medical and Life Insurance Plan – Profit/Loss Report
Medical Plan Fund Account Balance-thru April 2019
Claims and Contributions Report-thru April 2019

Anthem Reports- April 2019

- Medical Paid Amounts and Plan Savings
- Paid Claims Distribution
- Utilization by Setting

Mr. Campbell made a motion to approve the Consent Agenda items. Mr. Coffey seconded; motion carried.

Anthem Claims Summary (2018/2019) – Ms. Halford reported Plan medical claim payouts have decreased 34% when compared to 2018 through the fourth month of the 2019 calendar year.

MoDOT/MSHP Prescription Drug Paid Claims Monthly Comparison (2018/2019) -

Ms. Halford reported Plan prescription claims costs have increased 8.8% when compared to 2018 through the fourth month of the 2019 calendar year.

Anthem - Ms. Halford welcomed Anthem staff to the meeting.

Naturally Slim- Ms. Juenger presented the Naturally Slim program to the Board. EB staff met with Naturally Slim to review the program earlier in the month. Staff would like the Board's approval before proceeding with implementing the program. Naturally Slim is a weight loss program covered at no cost to the employee since it is filed as a preventive claim. The Board agreed to implement the program.

1st Quarter Report- Dr. Moore presented the 1st quarter report to the Board. He reported a total of \$10.6 million in medical claims has been paid so far in 2019. 97.1% of those claims were paid in network with a total of 56.1% of network discounts.

Capt. Remillard made a motion to go back into Closed Session at 10:28 a.m. Mr. Reeser seconded; motion carried.

PillarRx- Ms. Halford welcomed Ms. Keeven and Ms. Johnston to the Board meeting.

1st Quarter Update- Ms. Keeven reviewed the 1st quarter report with the Board. She reported the Copay Assistance program has saved the Plan \$489,274 year to date for 2019. The Plan currently has 183 members utilizing drugs on Co-pay

assistance with a total drug count of 47.

Election of Board Officers- Ms. Halford informed the Board that new board officers will need to be elected with Capt. Remillard's retirement. Mr. Coffey made a motion to elect Mr. Reeser as the new Vice-Chair. Ms. Burton seconded; motion carried. Mr. Schwartze made a motion to elect Ms. Burton as the new Secretary-Treasurer. Mr. Campbell seconded; motion carried.

Other Business- None.

Mr. Schwartze made a motion to adjourn at 12:12 p.m. Capt. Remillard seconded; motion carried.

Respectfully submitted,

A handwritten signature in black ink that reads "Javal Burton". The signature is written in a cursive, flowing style.

Ms. Javal Burton, Secretary-Treasurer

Medical and Life Insurance Board of Trustees