

**MISSOURI DEPARTMENT OF TRANSPORTATION AND
MISSOURI STATE HIGHWAY PATROL
MEDICAL AND LIFE INSURANCE PLAN**

**MINUTES OF THE BOARD OF TRUSTEES' MEETING
OPEN SESSION
March 27, 2019**

MEMBERS PRESENT: Ms. Ashley Halford, Chairman
Mr. Ben Reeser, Secretary-Treasurer
Mr. Richard Coffey, MSHP Retired Member
Ms. Holly Haarmann, MSHP Member
Mr. Roger Schwartze, MoDOT Retired Member
Mr. Steve Campbell, MoDOT Member via phone

MEMBERS ABSENT: Ms. Javal Burton, MoDOT Member
Capt. James Remillard, Vice Chairman

STAFF PRESENT: Ms. Melinda Grace-Beasley, Chief Counsel Staff
Ms. Brook Luecke, Employee Benefits Staff
Mr. Brandon, Denkler, Employee Benefits Staff

GUESTS PRESENT: Ms. Jami Rector, Anthem Staff
Ms. Christine Taylor, Anthem Staff

OPEN SESSION

The meeting was called to order at 8:03 a.m.

Consideration of Consent Agenda Items– (It is the understanding of the Board for those items to be reviewed before the Board Meeting and will only be discussed if necessary) Consent Agenda items were as follows:

- Approve Minutes from February 27, 2019 Board Meeting
- Financial Statement – None available
- Central Bank Investment Report - February 2019
- 2018 Year-to-Date Medical and Life Insurance Plan – Profit/Loss Report
- Medical Plan Fund Account Balance-thru February 2019
- Claims and Contributions Report-thru February 2019
- Anthem Reports- February 2019
 - Medical Paid Amounts and Plan Savings
 - Paid Claims Distribution
 - Utilization by Setting

Mr. Schwartz made a motion to approve the Consent Agenda items. Mr. Coffey seconded; motion carried.

Aetna Claims Summary (2018/2019) – Ms. Halford reported Plan medical claim payouts have decreased 26.5% when compared to 2018 through the two months of the 2019 calendar year.

MoDOT/MSHP Prescription Drug Paid Claims Monthly Comparison (2018/2019) - Ms. Halford reported Plan prescription claims costs have increased 7.2% when compared to 2018 through the second month of the 2019 calendar year.

2019 Wellness Budget- Ms. Halford discussed with the Board the possibility of continuing to authorize a Wellness Budget for 2019. Mr. Reeser motioned to approve \$20,000 dedicated to the Wellness Budget. Ms. Harrmann seconded; motioned carried.

Anthem- Ms. Halford welcomed Anthem staff to the Board meeting.

Introductions and Implementation Update- Ms. Rector and Ms. Taylor introduced themselves to the Board. Ms. Rector went provided an update on the implementation process and addressed questions from the Board. Ms. Taylor presented the 2019 incentive program, to include the six week physical activity challenge, and other Anthem programs members now have available to them.

Other Business- None.

Mr. Reeser made a motion to adjourn at 10:18 a.m. Mr. Schwartz seconded; motion carried.

Respectfully submitted,



Mr. Ben Reeser, Secretary-Treasurer

Medical and Life Insurance Board of Trustees