



Thank you for taking care of Missouri, let Healthy Bytes take care of *YOU!*

Healthy Bytes puts the healing power of nutrition in your own hands, helping you make informed, simple-to-follow, healthier eating decisions that can change your life!

Together, Healthy Bytes and our expert team of Registered Dietitians are empowering people from the inside out by improving lives through nutritional counseling.

Find out how Healthy Bytes can support your active lifestyle

See a Registered Dietitian, one-to-one, completely virtual

From work, home, or even your car, meet with your expert Dietitian to discuss your confidential nutritional goals.

Use your insurance benefits

We will bill your insurance company, and collect the co-pay, if any, at the time of the visit.

Book your private consultation

Visit www.healthybytesinc.com and click "Schedule an Appointment" or call us toll free at 844-473-2455.