You're eligible for Concierge Care

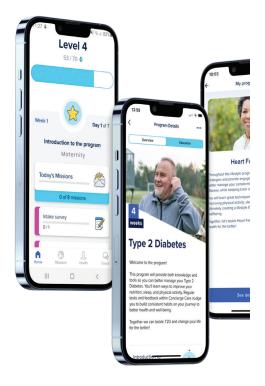
A digital app to help manage your health conditions

Concierge Care is an app that provides ongoing support, including a health advocate who acts as your personal guide to better health. It's fully covered by your Anthem Blue Cross plan. With Concierge Care, you can have health assistance anywhere and everywhere you go.

4 short steps to personal support To sign up:

- 1. Choose the program below that relates to your health condition. You can choose more than one.
- Scan the QR code using your phone's camera.
- When you get a text message, use the link to download the app.
- Fill out your information.

After you've completed these steps, your health advocate will be in touch to answer questions and get you started.



Let's begin feeling better Select your program and scan the QR code beside it.



Type 2 Diabetes

Tracking symptoms and consistent care to control your diabetes



Behavioral Health

Connecting you to support for your mental well-being, an ideal partner to our physical health programs



Post-hospitalization

Assistance to bounce back stronger after hospitalization for a serious condition



Heart Health

Helping you manage and monitor your heart health — while building new, healthy habits



Inflammatory Bowel Disease

Providing expert recommendations to find the best treatment for your Crohn's disease and ulcerative colitis

We can't wait to connect with you

Anthem.

You don't need to wait to receive high-quality care. Anthem's Concierge Care app is designed to guide, support, and move you toward better health now. Take the first step today.

