

IT PAYS TO

BE WELL



As a MoDOT & MSHP Plan member, you are eligible for rewards for healthy activities you may already be doing!

Simply complete three easy steps before 11/30/19 for the chance to win a \$100 gift card:

1

Get an annual exam.

Remember, your health plan covers preventive care at 100%. If you need to find a primary care doctor, use the **Find a Doctor** tool on anthem.com.

2

Register online at anthem.com.

It's quick to sign up and will help you get the most from your benefits. Visit anthem.com and select **Register**. You will be asked to provide your **Member ID number, Date of Birth, First Name** and **Last Name** to create your account.

3

Complete one Walker Tracker challenge.

Walker Tracker extends far beyond step tracking to help you build wellness into your life in a fun and engaging way. Join your fellow teammates for a little healthy competition! Visit modotmshp.walkertracker.com and select **Register** to get started.

It's that easy! Simply complete all three steps and you'll be entered into a drawing to receive a **\$100 gift card**.

If you have any questions contact Employee Benefits at 877-863-9406 or your Anthem Wellness Coordinator at 314-230-5430.



The odds of winning a gift certificate will depend upon how many people are entered to win. The reward may be taxable. Members may consult with a tax advisor as to the proper tax treatment of this reward.

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