**OVERVIEW**

The Missouri Department of Transportation and Missouri Coalition for Roadway Safety are challenging all drivers to buckle up and put their phones down on the eighth Annual Buckle Up Phone Down Day, Wednesday, Oct. 30. This day is an opportunity to bring these two impactful safety issues (occupant protection and distracted driving) to light to young drivers.

**HOW IT WORKS**

Drivers and passengers can accept the challenge and pledge to buckle up and put your phone down when you drive, by going to [modot.org/bupd](http://www.modot.org/bupd)

Next, use your creativity and make the challenge your own!   
*Here are some examples of how to get involved:*

* Set up a booth during lunch and ask students to take the pledge
* Let a club (such as FCCLA or SADD) take the lead to share this safety message and promote the challenge
* Allow students to create a video about taking the pledge and challenge other schools to get involved
* Incorporate BUPD information into your school’s health class and ask students to take the pledge
* Conduct seat belt checks on the day or week of BUPD Day
* Promote during daily announcements, football games, (or other sporting events) newsletters, on social media, etc.
* Install BUPD signs throughout school campus
* Distribute educational and promotional items provided upon request by the Southeast Coalition for Roadway Safety

**STATS & DATA**

* In 2023, 77% of teen occupant fatalities were unbuckled
* If all drivers and passengers on Missouri's roadways buckled up, **an estimated 235 lives would be saved** every year
* **As of August 28, 2023 it is now against the law for all drivers to physically hold a cell phone while driving**
* **Sadly, over half of the distracted driving fatalities in Missouri claimed the life of someone other than the driver**
* 4.6 seconds is the amount of time texting drivers spend with their eyes off the road
* In 2023, 104 people in Missouri were killed in distracted driving crashes