

**MISSOURI DEPARTMENT OF TRANSPORTATION AND
MISSOURI STATE HIGHWAY PATROL
MEDICAL AND LIFE INSURANCE PLAN**

**MINUTES OF THE BOARD OF TRUSTEES' MEETING
OPEN SESSION
March 28, 2018**

MEMBERS PRESENT: Capt. James Remillard, Vice Chairman
Mr. Roger Schwartz, MoDOT Retired Member
Ms. Javal Burton, MoDOT Member
Mr. Steve Campbell, MoDOT Member
Mr. Richard Coffey, MSHP Retired Member
Mr. Ben Reeser, Secretary-Treasurer

MEMBERS ABSENT: Ms. Holly Haarmann, MSHP Member
Mr. Jeff Padgett, Chairman

STAFF PRESENT: Ms. Danielle Eldred, Chief Counsel Staff
Ms. Ashley Halford, Employee Benefits Staff
Ms. Brook Luecke, Employee Benefits Staff

GUESTS PRESENT: Dr. Todd Arends, Aetna Staff
Mr. Brent Hunter, Aetna Staff
Ms. Tricia Menendez, Aetna Staff
Ms. Lynda Bott, Aetna Staff
Ms. Krisinda Chadwell, Aetna Staff
Mr. Steve Moss, Aetna Staff
Ms. Robin Gammon, Aetna Staff

OPEN SESSION

The meeting was called to order at 8:04 a.m.

Consideration of Consent Agenda Items— (It is the understanding of the Board for those items to be reviewed before the Board Meeting and will only be discussed if necessary) Consent Agenda items were as follows:

- Approve Minutes from February 28, 2018 Board Meeting
- Financial Statement – February 2018
- Central Bank Investment Report- February 2018
- 2018 Year-to-Date Medical and Life Insurance Plan – Profit/Loss Report
- Medical Plan Fund Account Balance-thru February 2018
- Claims and Contributions Report-thru February 2018
- Aetna Utilization Reports- February 2018
 - Executive Summary
 - Impact of Medical Catastrophic Claimant Experience & Provider Network

- Experience
- Provider Services Profile by Paid Amount

Mr. Schwartz motioned to approve the Consent Agenda items. Ms. Burton seconded; motion carried.

Aetna Claims Summary (2017/2018) – Ms. Halford reported Plan medical claim payouts have increased 10% when compared to 2017 through the second month of the 2018 calendar year.

MoDOT/MSHP Prescription Drug Paid Claims Monthly Comparison (2017/2018) - Ms. Halford reported Plan prescription claims costs have increased 9% when compared to 2017 through the second month of the 2018 calendar year.

Aetna 4th Quarter Update- Capt. Remillard welcomed Aetna to the Board meeting.

Wellness Update- Ms. Chadwell and Ms. Gammon presented to the Board the 2017 Wellness Program Summary. Throughout 2017 the Wellness Program hosted it's first 5k walk/run in Jefferson City, had a 6 and 12 week physical activity challenge and implemented Fit Fridays. The Program also brought awareness to Heart Health with a Wear Red Challenge and Men's and Women's health by selling blue and pink wristbands.

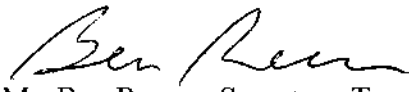
4th Quarter Update- Ms. Bott and Mr. Moss presented the 4th Quarter Update. Mr. Moss reported a 3.1% increase in membership for 2017. Claim cost for 2017 when compared to 2016 decreased 2.4%. Dr. Arends presented the high dollar claimant report. There are 16 high dollar claimants on the report each with over \$300,000 in medical claims paid during the calendar year. These are the same members as last quarter.

Life insurance- Ms. Halford updated the Board on the Life Insurance RFP in Closed Session. Mr. Schwartz motioned to approve the bid submitted by Securian Minnesota Life for the next 3 years with 2 one-year renewals. Mr. Campbell seconded; motioned carried.

Other Business- Ms. Halford made arrangements the the MSHP cafeteria to provide lunch for Board on Tuesday, April 3rd for the RFP finalist interviews; however, we needed Board approval for the Plan to pay for that expense. Mr. Coffey motioned to approve for the Plan to pay for the expense. Mr. Schwartz seconded; motion carried.

Mr. Campbell motioned to adjourn at 10:06 a.m. Mr. Schwartz seconded; motion carried.

Respectfully submitted,

A handwritten signature in cursive script, appearing to read "Ben Reeser".

Mr. Ben Reeser, Secretary-Treasurer

Medical and Life Insurance Board of Trustees