

### Northwest Arkansas and Southwest Missouri Trail Plans, Trail System, and Trail System Results



#### Green Project Examples with Results

### Vision Statement – Project

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Vision Statement: Northwest Arkansas' trail and roadway system will comfortably, safely, and efficiently accommodate bicycle and pedestrian transportation. The linking of local and regional attractions will make the area a world-class bicycle and pedestrian destination. Walking and bicycling will become common, enjoyable, and viable transportation and recreation choice that promote active living and a high quality of life in Northwest Arkansas.

## Local Decision Making With A Common Vision

Every community in the region is unique and will develop in its own way – but will do so with a common vision of becoming more walkable, bikeable and livable places for residents, visitors, and businesses in NWA and Southwest Missouri.

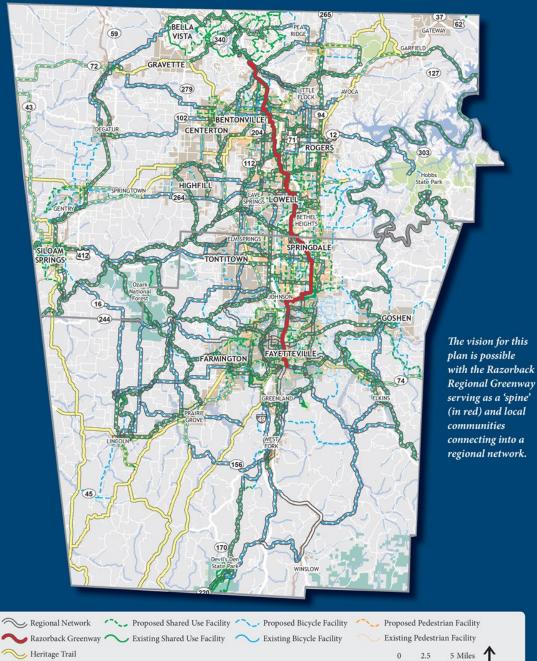
#### 1. AVOCA

- 2. BELLA VISTA
- 3. BENTONVILLE
- 4. BETHEL HEIGHTS
- 5. CAVE SPRINGS
- 6. CENTERTON
- 7. DECATUR
- 8. ELKINS
- 9. ELM SPRINGS
- 10. FARMINGTON
- **11. FAYETTEVILLE**
- 12. GARFIELD
- **13. GATEWAY**
- **14. GENTRY**
- **15. GOSHEN**
- **16. GRAVETTE**
- 17. GREENLAND
- **18 HIGHFILL**
- 19. JANE, MO
- **20 JOHNSON**
- 21. LINCOLN
- 22. LITTLE FLOCK
- 23. LOWELL
- 24. PEA RIDGE
- 25. PINEVILLE, MO
- **26 PRAIRIE GROVE**
- 27. ROGERS
- **28. SILOAM SPRINGS**
- **29. SPRINGDALE**
- 30. SPRINGTOWN
- **31. SULPHUR SPRINGS**
- **32. TONTITOWN**
- 33 WEST FORK
- 34. WINSLOW
- **35. BENTON COUNTY**
- 36. McDONALD COUNTY

#### **37 WASHINGTON COUNTY**

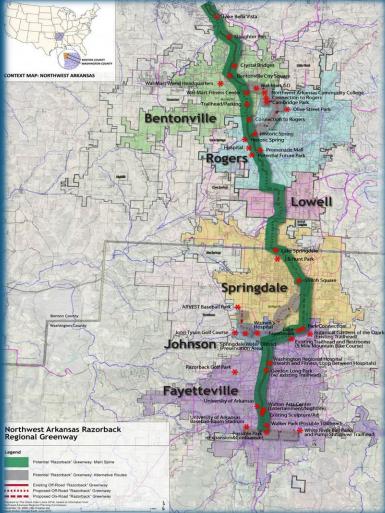
Note: Communities over 1000 population shown in green with Community Plan Additional Communities with plans adopted and amended into Regional Plan

#### MAP ES.1 REGIONAL OVERVIEW



## Razorback Regional Greenway

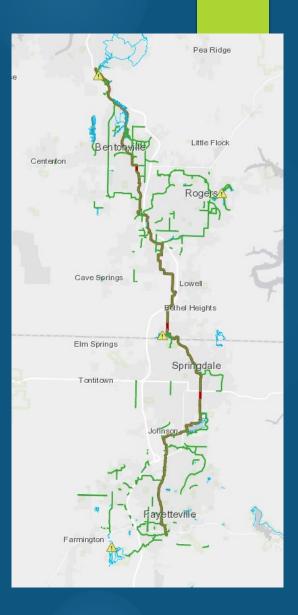
- Bentonville, Fayetteville, and Rogers completed northern and southern portions of what subsequently became the Greenway.
- In 2011, secured TIGER II federal funding and a generous grant from the Walton Family Foundation to construct approximately 18 miles of connecting trail to complete the Razorback Regional Greenway.
- The facility officially opened in May of 2015.



## Razorback Regional Greenway

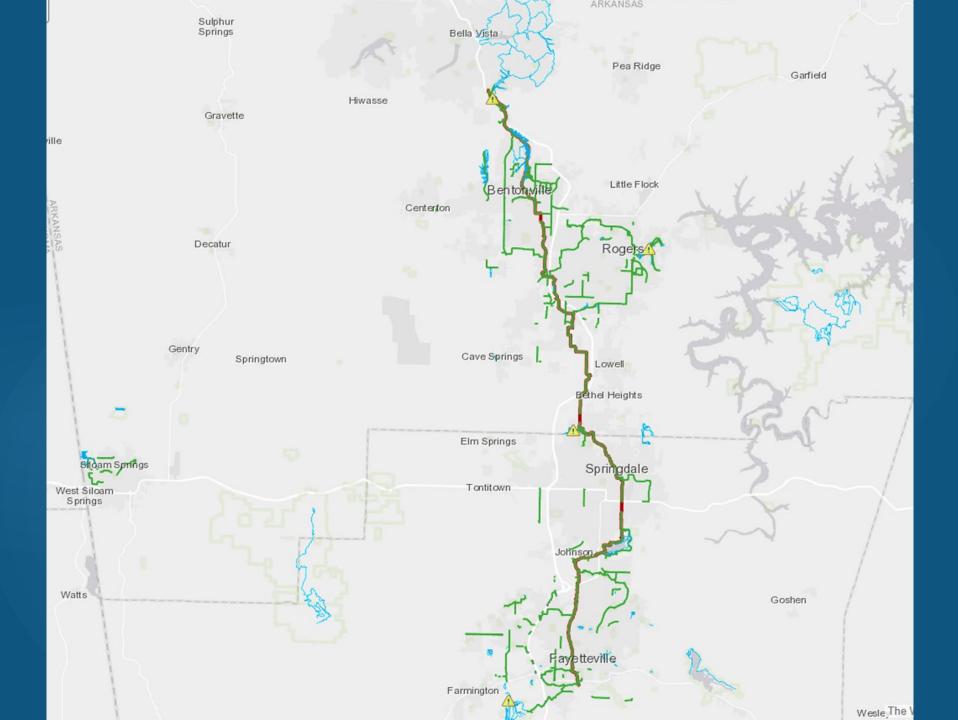
S8-mile north-south trail system that connects hundreds of thousands of residents to destinations across Benton and Washington Counties





## **Trail Mileage Comparison**

	2016	2017	2018	% Increase 2016-2018
Shared Use Paved Trails	108	142	154	42.59%
Soft Surface Trails	143	218	253	76.92%
Total Miles	251	360	407	62.15%



## Trails and Cycling Results in Northwest Arkansas

#### SUMMARY – WALTON FAMILY FOUNDATION STUDIES



Economic and Health Benefits of Bicycling in Northwest Arkansas

#### WALTON FAMILY FOUNDATION

#### 2017 Northwest Arkansas Trail Usage Monitoring Report

#### Summary Findings:

The study showed that average daily seekday bicycle volumes per study sile increases by about 32% between 015 and 2017, from 142 adiry cycles to 1547 cycles are also an average, and by about 14% on weekends, from 286 cycles to 335 cycles. The estimated average amanual bicycle volumes per study and gree Metekera 2015 and 2017 by 24%. From about 877 coll to an average and by about 14% on weekends, from 286 cycles to 336 cycles. The estimated average amount about 44% on weekend by a study of a study of the study of the top and the study of the study of the study of the bit and the study of the study of the study of the study of the study and the study of study of

The study showed that Northwest Arkanasa (NWA) had high cyclist user courts per capita relative to other more densely populated areas. For example, the sum of the top three sites with the highest daily cyclist use in NWA was greater than the top three sites with the highest daily cyclist use in Sian Francisco. Comparing cycling levels (for the three highest activity aits for each location) per capita (users per 14 CuO) deputation, Northwest Arkanasa (45) is higher than both Sian Francisco (22, 45) is higher than the highest daily and both Sian Francisco (22, 45). Vancouver (42, 60) and Potting (54), and shows lower levels than Minneapolit (22, 46). Vancouver (42, 61, 43).

The study also indicated based on time of day usage patterns that the trails are used for both utilitarian and recentional use. Weekday cycling, for example, has a double paking pattern, which hypically indicates that these paths are being used for utilitarian trips, such as school or work trips. Weekdand cycling by how of day shows a ainle peak, suggesting that travel is more recreational in nature. The analysis also showed that there are higher levels of cycling in areas of NVA that are more densely populated and have low-bornedium incomes.

In comparison to trail usage patterns for cyclists, pedestrian activity levels show similar results. The study showed that average daily weekday pedestrian volumes per study sibe increased by about 5% between 2015 and 2017, from 141 daily pedestrians to 166 pedestrians per sile on average; and by about 19% on weekdars, from 171 pedestrian to 230 pedestrians. The estimated average annual pedestrian volumes per study sile grew between 2015 and 2017 by 10%, from abot 28,000 to 65,000 pedestrians per sile.

Results relative to other more densely populated areas of the US remain positive. For example, comparing polectians (for the three highest polectian tasks for each location) per capita (users per 1.00 population), Nortivest Arkanas (5.78) is higher than San Diego County (5.51) and Calagyr (53), Also similar to coping usage, based on the time of use, the traits appert to and Calagyr (53), Also similar to coping usage, based on the time of use, the traits appert to weekends, traits show recreational waking patterns. The relationship between low-income areas and grater bedrain that allow gave as consider with the cycling trends.

#### Project Overview:

The Walton Family Foundation has made significant investments in developing a robust trail network in the Northwest Arkansas region. Since 2015, the network has expanded by 35 miles of new multi-use path, about 77 miles of new natural surface trails network, 0.5 miles of new bike lane, about 1 mile of new neighborhood path, and 0.5 miles of new shared roadway facility Prepared by: BBC Research and Consulting

Prepared for: Walton Family Foundation and People for Bikes

Released: Mar 21, 2018



#### Economic and Health Benefits of Bicycling in Northwest Arkansas

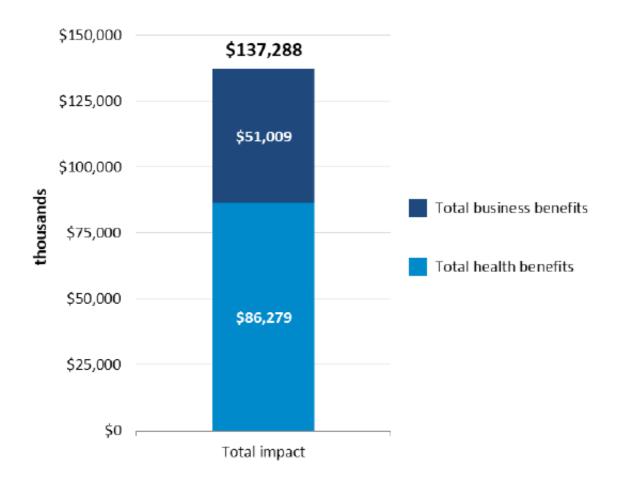
FINAL REPORT

### METHODOLOGY

<ul><li>Business Benefits</li><li>Tourism</li><li>Household spending</li><li>Bicycle retail</li></ul>	<ul> <li>Health Benefits</li> <li>Mortality (using the WHO HEAT model and household survey)</li> <li>Morbidity (avoided health care costs for active residents)</li> </ul>	<ul> <li>Additional Benefits</li> <li>Model of property values</li> <li>Residential development</li> <li>Retention</li> </ul>
Avoids double counting & provides estimate of annual direct economic contribution in region	Quantify the health benefits of current and future levels of bicycling	Assess the impact of bicycle facilities on residential property values Learn about role bicycle facilities play in development decisions

#### **OVERALL ECONOMIC BENEFITS**

#### Total annual benefits of bicycling in Northwest Arkansas

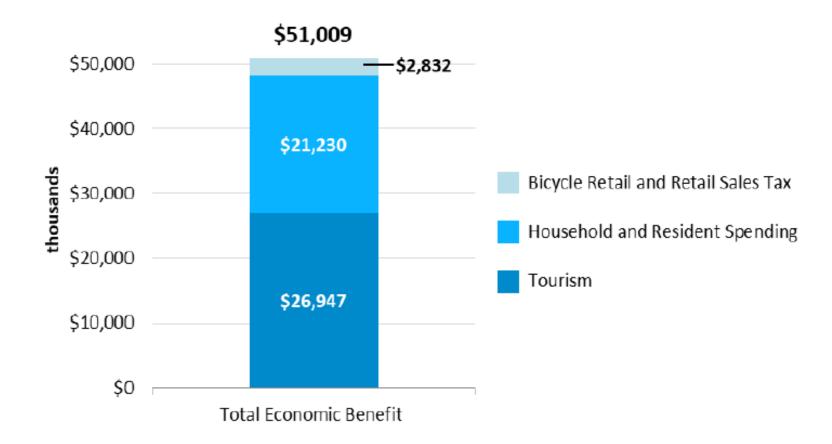


### METHODOLOGY

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### **ECONOMIC BENEFITS** BUSINESS

Estimates of the economic benefits of bicycling (in \$ thousands)



### ECONOMIC BENEFITS TOURISM

In the last year...

### 55%

of Strava mountain bikers are visitors from outside NWA

### 75,119

NWA residents reported hosting a visiting bicyclist

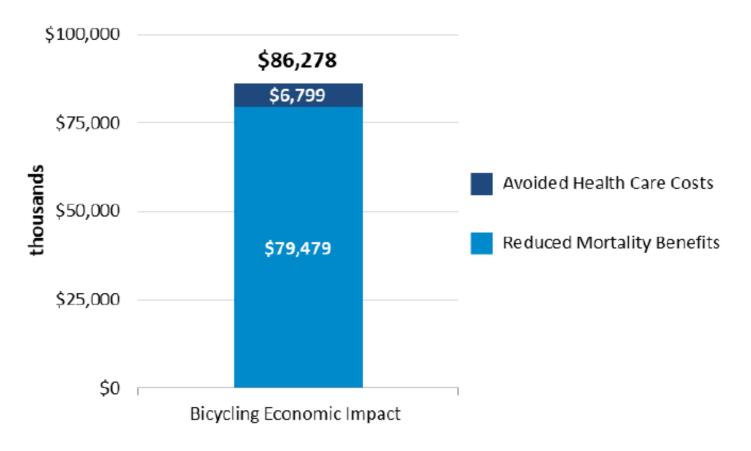
#### METHODOLOGY HEALTH

<ul> <li>Health Benefits</li> <li>Mortality (using the WHO HEAT model and household survey)</li> <li>Morbidity (avoided health care costs for active residents)</li> </ul>	<ul> <li>Additional Benefits</li> <li>Model of property values</li> <li>Residential development</li> <li>Retention</li> </ul>
Quantify the health benefits of current and future levels of bicycling	

World Health Organization (WHO) Health Economic Assessment Tool (HEAT)

#### HEALTH BENEFITS OVERALL

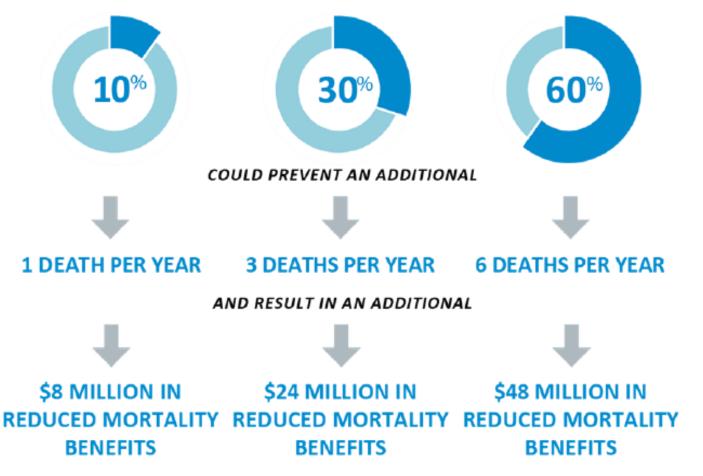
### Estimates of the health benefits of bicycling (in \$ thousands)



### HEALTH BENEFITS MORTALITY

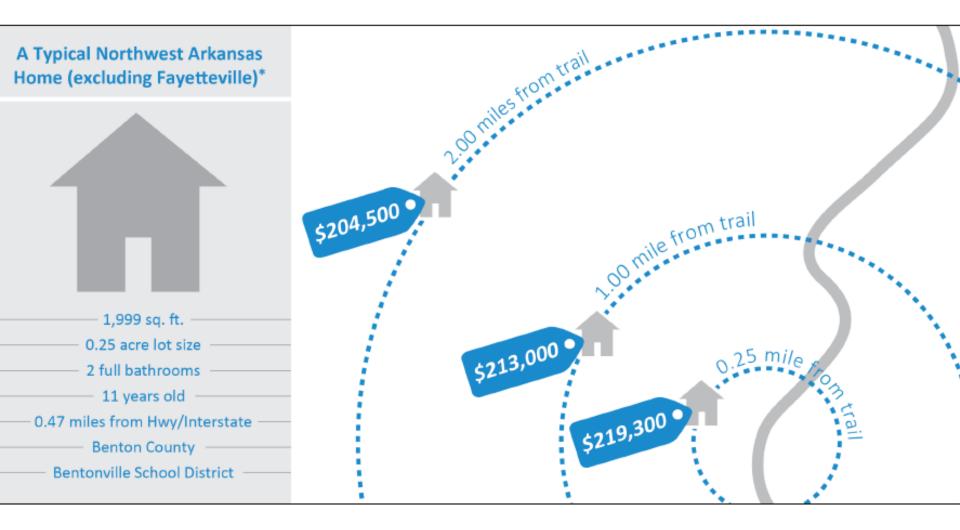
#### BICYCLING CURRENTLY PROVIDES \$79 MILLION IN REDUCED MORTALITY BENEFITS

INCREASING THE MILES RIDDEN BY RESIDENTS...



Source: BBC Research & Consulting from WHO HEAT output.

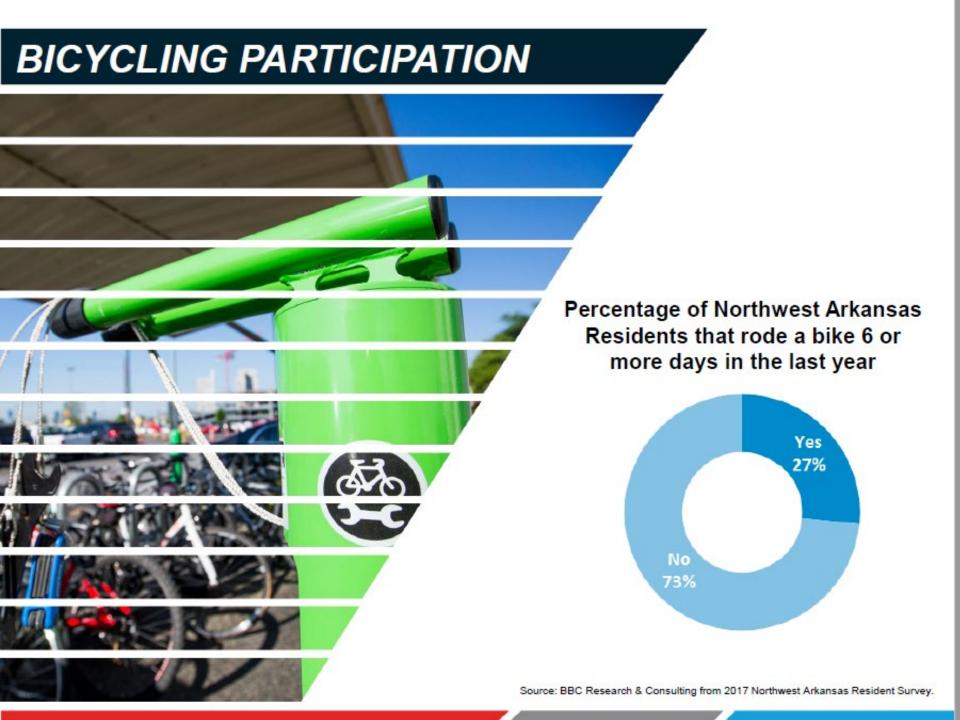
### **ADDITIONAL BENEFITS** PROPERTY VALUES



Note: \*Profile of a median home based on 20,493 home sales that took place in Benton and Washington Counties between January 2012 and October 2017. This profile excludes homes that are over 3 miles from a shared-use paved trail and homes that were located in Fayetteville. Source: BBC Research & Consulting.

### ADDITIONAL BENEFITS RETENTION

[The trails are] crucial to the success of our region, I think it's super important in terms of recruitment and talent retention, livability and quality of life.



## Cycling and the Local Economy



**\$137 MILLION** in benefits to the economy in 2017





in health care-related costs

in business benefits



ION

Source: Economic and Health Benefits of Bicycling in Northwest Arkansas

## **Cycling and Tourism**



### CYCLING PROVIDED ABOUT **\$27** MILLON IN NORTHWEST ARKANSAS **TOURISM SPENDING BY** OUT-OF-STATE VISITORS IN 2017

W

Source: Economic and Health Benefits of Bicycling in Northwest Arkansas

## Trails and Quality of Life

#### OF NORTHWEST ARKANSAS RESIDENTS CONSIDER THE AVAILABILITY OF PAVED BIKE INFRASTRUCTURE IMPORTANT IN DECIDING WHERE TO LIVE

W

Source: Economic and Health Benefits of Bicycling in Northwest Arkansas

## Who Rides Bikes in Northwest Arkansas?

### PERCENTAGE OF RESIDENTS WHO RODE A BIKE IN THE LAST YEAR









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SOURCE: ECONOMIC AND HEALTH BENEFITS OF BICYCLING IN NORTHWEST ARKANSAS

### Cycling Is on the Rise

#### ANNUAL BIKE USAGE IN NORTHWEST ARKANSAS INCREASED BY BETWEEN 2015 AND 2017



2017 Northwest Arkansas Trail Usage Monitoring Report

## Northwest Arkansas Is a Cycling Destination

### NORTHWEST ARKANSAS HAS MORE CYCLISTS DAILY PER CAPITA USING ITS TRAIL SYSTEM THAN SAN FRANCISCO





Source: 2017 Northwest Arkansas Trail Usage Monitoring Report

## More Pedestrians Are Using Trails

# TRAIL USAGE BY PEDESTRIANS IN NORTHWEST ARKANSAS HAS INCREASED BY 10%

Source: 2017 Northwest Arkansas Trail Usage Monitoring Report



Pedestrian Master Plan Northwest Arkansas & Southwest Missouri

### Northwest Arkansas and Southwest Missouri Trail Plans, Trail System, and Trail System Results

### Tim Conklin, AICP <u>tconklin@nwarpc.org</u> Northwest Arkansas Regional Planning Commission

Thank You!