



Weight Watchers® Discount Program

HealthLink offers an optional discount weight management program through Weight Watchers. 100% enrollee paid, the program is available to your health plan participants who are enrolled in HealthLink's network programs.

Participants simply present their ID cards to take advantage of discounts on 4-, 8-, 12- and 16-week prepayment packages. Enrollees may choose from traditional Weight Watchers meetings or a convenient AT WORK program with weekly meetings conducted at the workplace (minimum participant requirement applies).

Key Features

- **One of the Nation's Leading Weight Management Programs**
- **Discounts on 4-, 8-, 12- and 16-Week Prepayment Packages**
- **Includes Traditional Weight Watchers Meetings and AT WORK Program**
- **Toll-free Customer Support**
- **Convenient Locations throughout the HealthLink Service Area**
- **Customer Service, Educational Resources, Recipes, Health and Fitness News, Community Information and Products via www.weightwatchers.com**

TAKE A CLOSER LOOK.

One of the nation's leading weight management programs, Weight Watchers has helped millions of people lose weight for more than 40 years.

Weight Watchers Philosophy

Weight Watchers believes that dieting is just one part of long-term weight management. A healthy body results from a healthy lifestyle - which means mental, emotional and physical health. Weight Watchers provides information, knowledge, tools and motivation to help participants make healthy decisions about nutrition and exercise. For a listing of locations and times, call 1-800-651-6000 or visit www.weightwatchers.com.

ENROLLEE DISCOUNTS

ENROLLEE COST

Traditional Weight Watchers Program

4-week prepayment package (regularly \$48.00)	\$44.00
8-week prepayment package (regularly \$96.00)	\$84.00
12-week prepayment package (regularly \$144.00)	\$120.00
16-week prepayment package (regularly \$192.00)	\$150.00

Includes registration for new as well as rejoining members

AT WORK Weight Watchers Program

12-week prepayment package (regularly \$132) 18 minimum participant requirement	\$120.00
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