

# ■ Preventive Care ■

## PREVENTIVE CARE HELPS KEEP MEMBERS HEALTHY

The MoDOT and MSHP Medical Plan encourages members to receive preventive care items and services. The Affordable Care Act (ACA) provides for specific preventive services when provided by participating providers and specific drugs to be covered at 100 percent. **Effective January 1, 2012, members who use our network providers will receive preventive care services and specific drugs paid at 100 percent.** There will be no coverage for these services when an out-of-network provider is used.

## COVERAGE FOR PREVENTIVE SERVICES

Here are some examples of the preventive services that will be covered with no copay, coinsurance or deductible.

Child Preventive	Adult Preventive
<b>Exams:</b> Preventive office visits including well child care	<b>Exams:</b> Preventive office visits including well woman exam
<b>Immunizations</b> (vaccines for children, birth to age 18 – doses, recommended ages and populations vary): Influenza (flu) Pneumonia Hepatitis A Hepatitis B Tetanus, Diphtheria, Pertussis (Td/Tdap) Varicella (chicken pox) Measles, Mumps, Rubella (MMR) Polio Rotavirus Meningococcal Human Papillomavirus (HPV)	<b>Immunizations</b> (vaccines for adults – doses, recommended ages and populations vary): Influenza (flu) Pneumonia Hepatitis A Hepatitis B Tetanus, Diphtheria, Pertussis (Td/Tdap) Varicella (chicken pox) Measles, Mumps, Rubella (MMR) Meningococcal Human Papillomavirus (HPV) Zoster
<b>Screening Tests:</b> hearing, vision, phenylketonuria (newborns), sickle cell disease (newborns)	<b>Screening Tests:</b> breast cancer, cervical cancer, colorectal cancer, prostate cancer, HIV, routine blood and urine, cholesterol, osteoporosis
<b>Newborn Preventive Treatment:</b> ocular medication against gonorrhea for all newborns	

The list is subject to change as federal guidance is issued. The full list of covered preventive services issued with the Interim Final Rules can be found at <http://www.healthcare.gov/center/regulations/prevention/taskforce.html>

## COVERAGE FOR SPECIFIC DRUGS

Here are the specific drugs that will be covered with no copay, coinsurance or deductible. Only the drugs on this list are covered at 100%. You will need a prescription from your doctor to receive the 100% benefit. Take your prescription to one of the Catalyst Rx pharmacy network providers. To find a Catalyst Rx pharmacy near you, go to the Web address on your member ID card or visit [www.catalystRx.com](http://www.catalystRx.com).

<b>Aspirin (over-the-counter)</b> — Dose: 81 mg and 325 mg, men age 45 to 79 and women age 55 to 79.
<b>Iron (over-the-counter)</b> — Children 6 to 12 months who are at risk for iron deficiency anemia, drops only.
<b>Folic Acid (over-the-counter)</b> — Dose: 0.4 to 0.8 mg (400 to 800 ug), women planning or capable of pregnancy.
<b>Fluoride</b> — Children under the age of six, drops and chewable tablets only.
<b>Smoking Cessation</b> — Over-the-counter products available through Coventry Health Care's Smoking Cessation Program. <b>Smoking Cessation Prescription Drugs</b> — Generics only when available.

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## TALKING WITH YOUR PROVIDER ABOUT PREVENTIVE CARE

Coventry Health Care processes claims based on your provider's clinical assessment of the office visit. If a preventive item or service is billed separately, cost-sharing may apply to the office visit. If the primary reason for your visit is seeking treatment for an illness or condition, and preventive care is administered during the same visit, cost-sharing may apply. This means your provider may ask you to pay your appropriate health plan copay, deductible or coinsurance.

Certain screening services, such as a colonoscopy or mammogram, may identify health conditions that require further testing or treatment. If a condition is identified through a preventive screening, any subsequent testing, diagnosis, analysis or treatment are not considered preventive services and are subject to the appropriate cost-sharing.

If you have questions about a claim or provider visit, please call the customer service number on your Member ID card or speak with your provider. Please regularly check our website at [www.modot-mshp-cvty.com](http://www.modot-mshp-cvty.com) for new information about preventive care coverage as the government agencies refine guidance and requirements.